

Country Report (Myanmar) | COVID-19
January 14, 2021
Update 13

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The British Chamber of Commerce Myanmar will consolidate the various regulations into one document. We cannot 100% confirm that all the reports are accurate and are intended as a guideline only. We will provide updates as and when new information emerges.

Members can also refer to the UK Government Travel Advice.

1. For people travelling to United Kingdom of Great Britain

- ❖ Guidelines for Scotland, [see here](#).
- ❖ Guidelines for Northern Ireland, [see here](#).
- ❖ Guidelines for England, [see here](#).
 - Take a coronavirus test before you travel to England.
 - You must have proof of a negative COVID-19 test to travel to England from abroad.
 - If you are arriving in England before 4am on 18th January 2021, you are under no legal obligation to get a test before you travel. You should not be denied boarding for failing to provide proof of a negative test result, and will not be fined on arrival into England.
 - We still encourage you to comply with this guidance and get a test if possible.
 - From 4am on 18th January 2021, if you do not present proof of a negative test result, you may not be able to board and could be fined £500 on arrival into England

3. More About Myanmar

3.1 COVID-19 Confirmed Cases

Dashboard of Ministry of Health and Sports and the Situation Update Daily Report, [see here](#).

Emergency Call Center

- **067 3420268 – Public Health Emergency Center, Nay Pyi Taw**
- **09 449001261, 09 794510057 – COVID 19 Call Center for Yangon Region**
- **09 2000344, 09 43099526 – COVID 19 Call Center for Mandalay Region**

3.2 Government Policy Update For COVID- 19 Precautions

- National-Level Central Committee on Prevention, Control and Treatment of Coronavirus Disease released the Announcement on Extension of the Precautionary Restriction Measures Related to Control of COVID-19 Pandemic until 31st January 2021, [see here](#).
- The Ministry of Health and Sport is implementing to travel ban to the residents of United Kingdom of Great Britain and Northern Ireland and Travelers who visited those countries during the last 14 days. This temporary restriction will be effective from 31st December 2021, 23:59 hours MST, [see here](#).
- Announcement on Temporary suspension of all types of visas for foreign nationals from all countries visiting Myanmar, [see here](#).
- Those members wishing to return to Myanmar from overseas, need to contact the Myanmar Embassy in the first instance.

- c. Thanatpin Township
- 3. Ayeyarwaddy Township**
 - a. Pathein Township
 - b. Pyapon Township
 - c. Maubin Township
- 4. Mon State**
 - a. Mawlamyine Township
 - b. Bilin Township
- 5. Kachin State**
 - a. Phakant Township
 - b. Mohnyin Township

3.5 Community Fever Clinics

- Community fever clinics are opened separately in each township in Yangon Region, [see here](#).
- The Ministry of Health and Sports has been testing people who come to Nay Pyi Taw for COVID-19. COVID-19 testing charges per one at time at MOHS laboratories, [see here](#).
 - ✓ FOC for Government Members, Public Service Personnel and Civil Service Personnel
 - ✓ K 30,000 for Nay Pyi Taw Residents
 - ✓ K 50,000 for Residents of Other Regions and States in the Country
 - ✓ K 200,000 for UN staffs and Foreigners of INGOs
 - ✓ Free of Charge for anyone who is invited by the Union Level Ministers.

3.8 List Allowed by Central Committee for Hotel Quarantine in Myanmar, [see here](#)

Hotels for Quarantine	Address	Price Rate	Meal
Yangon Region			
Sedona Hotel	No(1), Kabaaye Pagoda Rd, Yankin Tsp	\$67-79	Breakfast, lunch, dinner included
Sule Shangri-La Hotel	No(223), Sule Pagoda Rd, KyauktatarTsp	\$95-110	
Park Royal Hotel	No(33), Alanpya Pagoda Rd, DagonTsp	\$90-120	
Chatrium Hotel	No(40), Corner of Natmauk Rd & Posein Rd, TamweTsp	\$110-120	
Inya Lake Hotel	No(37), Kabaaye Pogoda Rd, MayangonTsp	\$55-65	Lunch \$10 Dinner \$10
Pan Pacific Hotel	Coner of Bogyoke Aung San Rd & Shwedagon Pagoda Rd, (2) Qr, Pabedan	\$110-150	Breakfast, lunch, dinner included
Royal Land mark	No(4), East Of House Race Coursest, TamweTsp	30,000 MMK	10,000 MMK
Holly Hotel	Thiriyadanar Bazaar, Tudamar Rd, North of OkkalapaTsp	30,000 MMK	10,000 MMK
Grand Garden Hotel	No(8), Airport St, Payutsate Gone Qt, North Of OkkalapaTsp	30,000 MMK	10,000 MMK
Chicago Hotel	No(96/3), Chinese Temple Rd, Tamwe Lay Qr, TamweTsp	30,000 MMK	10,000 MMK
ThiMingalar Hotel	No 1023, Thutmingalar Road, 16/1 Ward, Thingyankyun Township	30,000 MMK	10,000 MMK
Grand Mercure	No(1.5)(16.19)(20.8/1), Coner of	50,000 MMK	

Yangon Hotel	MyittaRd,ThakhinphoHlaGyi St,(14/Planning-1),Qr, South of OkkalapaTsp		
Shwe Gone Dine Hotel	273/A Middle Shwegonedine Rd		
City Golf Resort Hotel	ThirimingalarRd,InseinTsp	30,000 MMK	10,000 MMK
Yangon Airport Hotel	45.55/A,AirportRd,Sawbwargyigone Qr,InseinTsp	Free	Free
Spining Line Hotel	No(4/1(A)),Hlaing River St,Middle Of Strand Qr,InseinTsp	\$30	
Myanmar Life Hotel	41,Kyankhinsu Block, Mingalardon	Single 30,000 MMK Double 40,000 MMK	Single 10,000 MMK Double 20,000 MMK
Shwepyisanyar Hotel	No(295/296),Bo Min Yaung St,Mingalardon Tsp	30,000 MMK	10,000 MMK
K.C Hotel	No(14),Radio SrationRd, Kyankhinsu, MingalardonTsp	Single 30,000 MMK Family 50,000 MMK	Single 10,000MMK Double 20,000MMK
Panorama Hotel	KyauktadaTsp	Single 30,000 MMK Double 30,000 MMK	10,000 MMK
WH Hotel (Taung Tanphyu)	Thanlin Township, Aung Chan Thar Ward	Single 35,000 MMK Double 50,000MMK	
Sidney Hotel	8.L/Mindhama St,(3)Qr ,Mayangone Township	30,000 MMK	10,000 MMK

Rich Land Hotel	No.(17),Thiri Mingalar Rd,KamayutTsp	-	-
Hotel Azure	12 B, Bargaya Rd, Sanchaung Tsp		-
Hotel Kan Yeik Tha	No.(4),Kan Yeik Tha Rd,Mayangone Tsp	25,000 MMK	
Grace Treasure Hotel	No. 43,44,45 A Lane , Old Thiri Mingalar Zay , Kyi Myin Daing	-	-

3.9 Guidelines for Prevention and Control of Coronavirus Disease 2019

- For factories, workplaces and construction sites, [see here](#).
- For shopping centres, supermarkets and home delivery Services, [see here](#).
- For hotel and motel, guidelines to follow, [see here](#).
- For workers' compensation and farmers' break off and dining, guidelines to follow, [see here](#).
- For restaurants, [see here](#).
- For offices and Companies, [see here](#).

3.10 Additional Updates of Ministry of Health and Sport

- Ministry of Health and Sport issued the *health procedures for domestic airline staffs and passengers* to follow. As per procedures, [see here](#).
 - ✓ Passenger must pay 10,000 MMK per one for the COVID test (Rapid Diagnostic Test) before the departure date,
 - ✓ Passenger must have a health screening before 36 hours, National ID card or other Identity card, and a photo taken within six months.

- ✓ Passenger can test between 9 AM – 3 PM.
- ✓ **Passenger under stay home township** will quarantine at hotel or facility.
- ✓ Will make PCR test on their quarantine 3rd day, if no PCR, will make RDT test on their quarantine 7th day.
- ✓ Any passenger with fever 38 degree Celsius or above will not be allowed for aircrafts.
- ✓ **Passenger not under stay home township** will not quarantine but will make RDT within 36 hours.
- ✓ **Places to make the COVID test for passengers, [see here.](#)**

Nay Pyi Taw

- ✓ Nay Pyi Taw Development Committee Housing 1, Zabuthiri Township, 09 687751120.

Yangon

- ✓ Tourist Burma Building, Sule Lay Road, Kaytada Township, 09 253545656.
- ✓ Health Care Center at Aung Mingalar Highway, Mingalardon Township, 09 695410916
- ✓ Pun Hlaing Hospital in Hlaing Tharyar Township
- ✓ N- Health Lab in Lanmadaw Township

Mandalay

- ✓ Regional Public Health Department, 02-4065659
- ✓ AYA test and Care Center, Mandalay, 09 - 420595911

- The Ministry of Health and Sports has issued Order 88/2020 dated 12th August 2020 prohibit from gathering 30 or more people in order to help control the spread of Coronavirus Disease 2019 (COVID-19), [see here.](#)
- Myanmar plans to start providing COVID-19 vaccines to about 20 percent of its 54.4 million populations in April under the global Covax affordable medicines program, according to health minister Dr. Myint Htwe, [see here.](#)

- Mandalay Chief Minister said that Quarantine Centers in some township have closed because the COVID-19 cases decreased, [see here](#).

3.11 Re – Opening and Re- Closing Business

- According to the Chair of Industry Zone Management Committee, Mandalay allows to reopen factories which is Grade A health and Safety scores, [see here](#).
- Parks and Playgrounds including People Park, Yangon Zoological Garden and Inya Lake will be closed from 21st December 2020 to 31st December 2020 to control the spreading of the COVID 19, [see here](#). (Still Closed)
- Sule Shangri-La Hotel will be temporary closed for nine months starting from 1st February 2021. Sule Square Shopping Mall & Office tower and Shangri-La Residences will remain to open, [see here](#).
- According to the Nay Pyi Taw Development Committee, the Paung Laung Chaung resorts, the Pazunzate waterfall, the Phalaung waterfall, the Away yae Dam, the Myathidar waterfall, the Koetip waterfall and the Mingalar Kan daw will be reopen from 12th January 2021.

3.12 Tourism: Requirements to Travel around Myanmar

- Guidelines for Cleaning and Disinfection of Aircraft, [see here](#).
- COVID-19 Tourism Relief Plan, [see here](#).
- Global Guidelines to Restart Tourism, [see here](#).

