

Country Report (Myanmar) | COVID -19
October 7, 2020
Update 10

The British Chamber of Commerce Myanmar will consolidate the various regulations into one document. We cannot 100% confirm that all the reports are accurate and are intended as a guideline only. We will provide updates as and when new information emerges.

Members can also refer to the UK Government Travel Advice.

1. COVID-19 Confirmed Cases

Dashboard of Ministry of Health and Sports and the Situation Update Daily Report. [See here](#)

Register your QR Pass [Register QR Pass here](#)

Emergency Call Center

- 067 3420268 – Public Health Emergency Center, Nay Pyi Taw
- 09 449001261, 09 794510057 –
- COVID 19 Call Center for Yangon Region
- 09 2000344, 09 43099526 – COVID 19 Call Center for Mandalay Region

Government Policy Update For COVID- 19 Precautions

National-Level Central Committee on Prevention, Control and Treatment of Coronavirus Disease released the Announcement on Extension of the Precautionary Restriction Measures Related to Control of COVID-19 Pandemic until 31st October 2020. [Official Announcement](#)

- According to the notice from the Department of Civil Aviation issued on 24th September 2020, the International Airport has been further extended up to until 31st October 2020.
- Announcement on Temporary suspension of all types of visas for foreign nationals from all countries visiting Myanmar: [Official Link](#)
- Those members wishing to return to Myanmar from overseas, need to contact the Myanmar Embassy in the first instance.

Aviation Sector

- The aviation department said it is carrying out relief flights for Myanmar citizens stranded in Japan, South Korea, Singapore, Bangkok, India and Sydney. The airlines available for the mercy mission are All Nippon Airways, Korean Air, Myanmar National Airlines (MNA), and Myanmar Airways International (MAI).
- According to the Ministry of Transport and Communication, the Domestic Flights are suspended the operations until the end October.

Home Stay Township

The Ministry of Health and Sports ordered on 20th September 2020 that anyone in all townships (except Cocokyun Township) in Yangon Region must be stayed at home from 8 AM 21st September 2020.

On 25th September 2020, the Ministry of Health and Sports announced the following townships are under the rules of Stay at Home:

1. Mandalay Region

- a. Mahar Aung Myay Township
- b. Chan Aye Thazan Township
- c. Amarapura Township

2. Bago Region

- a. Bago Township
- b. Kawa Township
- c. Thanatpin Township

3. Ayeyarwaddy Township

- a. Patheingyi Township
- b. Pyawbwe Township
- c. Maungmye Township

4. Mon State

- a. Mawlamyine Township
- b. Bhamo Township

Community Fever Clinics

Community fever clinics are opened separately in each township in Yangon Region. [See here](#)

Quarantine

The central committee has decided that anyone travelling to Myanmar from foreign countries or anyone from stay home townships, who need to travel within local, will need

- To show a certificate stating they are free from COVID-19,
- Completed 7 days home quarantine in their country before flying,
- **7 days facility or hotel quarantine** when they arrive in Myanmar,
- **7 days home quarantine** in Myanmar Home after finishing facility quarantine period,
- Swab test within 5 days after first day of Quarantine.

MOHS has issued the Guidelines for Quarantine

- Guidelines on Home Quarantine [See here](#)
- Guidelines on Community based facility Quarantine [See here](#)
- Guidelines on Hotel Quarantine [See here](#)
- Guidelines for Community Quarantine [See here](#)

With directive from the Ministry of Health and Sports **dated 20th September 2020**, the quarantined period for facility and hotel quarantine is 7 days with 7 days under home quarantine, **in total 14 days.**

In quarantine period, Covid-19 Negative persons who have hypertension, diabetes, lung diseases, heart related diseases, kidney problems and chronic diseases might need additional 7 days facility quarantine.

Two criteria for staying in hospitals are considered for Covid-19 Positive patients: symptomatic and asymptomatic patients.

- For the symptomatic patients, patients with mild or moderate illness should stay at least 11 days and the patients with critical illness are recommended to stay at least 21 days.
- The asymptomatic patients should stay 11 days after positive test.

List Allowed by Central Committee for Hotel Quarantine in Myanmar, Estimated Cost - 20,000 MMK per night including meal or 10,000 MMK per night excluding meals.

Myanmar Life Hotel	City Hotel	Panorama Hotel	Holly Hotel
Gandamar Hotel	Summer Palace Hotel	My Hotel	The Hub Hotel
7 Mile Hotel	Yangon Airport Hotel	Sky View Hotel	Beauty Land Hotel
Shwe Pyi San Hotel	Sidney Hotel	Novotel Yangon	Supreme Hotel
KC Hotel	Myanmar Life Hotel	Grand Garden Hotel	Spring Line Hotel
City Golf Resort Hotel	Shwe Pyi San Nyar Hotel	Royal Landmark Hotel	Shin Ye Htut Hotel

Can contact the hotel for booking and more information and they can provide guidelines for hotel quarantine.

Guidelines for Prevention and Control of Coronavirus Disease 2019 (COVID-19)

- For factories, workplaces and construction sites [See here](#)
- For Shopping Centres, Supermarkets and Home Delivery Services [See here](#)
- For Hotel and Motel, Guidelines to Follow [See here](#)
- For Workers' Compensation and Farmers' Break off and Dinning, Guidelines to Follow [See here](#)

- For Restaurants [See here](#)
- For Offices and Companies [See here](#)

Additional Updates of Ministry of Health and Sport

- Ministry of Health and Sport announced that they cannot contact 1577 people who are returning back to Yangon from Sittwe. Anyone who is coming back from Sittwe within last 14 days will make community quarantine.
- U Than Naing Soe, the spokesperson of the Ministry of Health and Sports said that they are planning to use antigen test kits for Covid-19 which can give the results within 20 to 30 minutes. Test kits are imported from Korea and 200,000 test kits, half of them are expecting to be arrived on 27th September and the rest of them at the end of September.

Re - Closing Business

- As these businesses will have to continue operating, they need to ensure that they have complied with the health ministry's guidelines for prevention of COVID-19 including having their premises inspected by the relevant authorities, the announcement said.
- The Bars, the Clubs and the KTVs are closed.
- The restaurants which are in stay home townships can only serve for takeaway.
- The factories and the construction sites suspend the operations starting from 11th September 2020 to 30th September 2020

On 22nd September 2020, the government stated that the employees working in banking, food, airlines & cargo related, logistics and communication business are excluded from the rules of work from home. The detail information is listed as follows:

1. Banking and Financial-related Services
2. Fuel Stations
3. Food stuffs, Cold-storage Works for Fish and Meat
4. Production, Distribution of Medicine, Medical Instrument
5. Drinking Water Production and Distribution
6. Daily Personal Hygiene Product Factories
7. Airlines and General Aviation Services (relief, cargo, chartered flights)
8. Filling Aviation Fuels
9. Trades in Air Transport
10. Freight Forwarder Companies
11. Customs Services Agencies
12. In-flight Catering Services
13. Airline Maintenance Services
14. International Cargo Vessels
15. Offices of Shipping Lines
16. Freight Forwarder Companies
17. Customs Services Agencies
18. Container Carrying Vehicles Service
19. Trucks for Export/Import Goods
20. Post Office Services
21. Landline and Mobile Phone Communications Services
22. Internet Services (Mobile phone shops are not included)
23. Services for Communication Towers and Fiber Networks

Organizations and companies are work from home.

- Cut-Make-Pack factories
- Workplaces are prohibited to go to work from 24th September 2020 to 7th October 2020 and this period is extended to 21st October 2020.

On 24th September 2020, Union of Myanmar Federation of Chambers of Commerce and Industry (UMFCCI) announced that the factories, companies and organizations which are excluded from the rules of work from home need to register QR Pass via online for running their business



operation during Stay at Home period and the registered QR Pass is required to go through the townships in Yangon. [Register QR Pass here](#)

On 28th September 2020, Union of Myanmar Federation of Chambers of Commerce and Industry (UMFCCI) announced that QR Pass is not required for the employees who are working in Banks, Private Hospitals, Supermarkets, Fuel Stations and Thilawa Special Economic Zones.

On 3rd October 2020, Union of Myanmar Federation of Chambers of Commerce and Industry (UMFCCI) announced the factories, companies and organizations which are excluded from the rules of work from home are able to do payroll process by registering Payroll Processing QR Pass. This QR Pass is required to prepare the necessary documents for payroll, must be registered on 4th and 6th October and after getting QR Pass, they can go to respective workplace on 6th and 7th October. The allowable maximum employee to do payroll process is 5. The organization license must be submitted in registering process. [Register Payroll Processing QR Pass here.](#)

Education: Schools and Universities Reopening in Myanmar

The reopening of private schools or international schools will be decided by township committees in charge of COVID- 19. Therefore, most of the private schools reopened with MOHS guidelines.

The Government reopened high schools for 21st July 2020 and planned by following middle schools and primary schools.

Starting from 28th August 2020, all of the private schools and government schools are re closed according to the MOHS announcement.

On 25th September 2020, the Ministry of Education and the Basic Education Department said that all schools in Myanmar will be opened again when the Covid-19 situation is well controlled and infection rate declines to a safe level. [See here](#)

Tourism: Requirements to Travel around Myanmar

- Guidelines for Cleaning and Disinfection of Aircraft: [PDF English Version](#)
- COVID-19 Tourism Relief Plan: [PDF English Version](#)

- Global Guidelines to Restart Tourism: [Detail Link](#)
- Guidelines for Hotels and Motels which are not involved as Quarantine Centre:
<http://moths.gov.mm/su/pnom6421PN> | MM version
- Guidelines for Community Clinic: [PDF Link](#)
- Travel Advisory: [Detail Link](#)

For Domestic Travel

Anyone who goes to Nay Pyi Taw will follow the below:

- Will Have Ward Recommendation
- Will Have Health Recommendation
- Will Have community-based quarantine for 7 days if travellers are from Stay Home Townships
- Will Make Swab Tests with own cost

**Most of the Highway Express is not operating to Sittwe Region and Nay Pyi Taw Region.

Ministry of Hospitality and Tourism officially permit to reopen hotels: [Reopen Hotels by States or Regions](#)

General Information about Travel around Myanmar

Ministry of Hospitality and Tourism discusses finalizing COVID – 19 tourism strategic roadmap. The first step of the roadmap focuses on survival and immediate action with the self-finance and stimulus package, the second step focuses on reopening and relaxing of lockdown and quarantine to be implemented within three to six months and the third step focuses on re-launching and will be implemented within six months to a year and includes long-term plans for reinventing Myanmar tourism and relaxing of regulations. [Detail here](#)



Express buses operating from five terminals in Mandalay which follow the health ministry's guidelines have been allowed to operate bus lines to other regions and states starting 1st June, according to the Mandalay Region Bus Line Supervisory Committee (Highway). The buses won't get permission to resume operations if they don't prepare in accordance with health guidelines, said U Aung Kyaw Lin, chairperson of the committee. [Detail here](#)

The Ministry of Hotels and Tourism has been implementing development of sustainable tourism and supporting safe and secure destinations for convenience of travellers in Myanmar. [See here](#)

Economic Situations in Myanmar

[Economic Relief Plan 27 April 2020](#)

[Tourism Relief Plan COVID - 19](#)

Loan Eligible Businesses, Announced 3rd May 2020

The 20 qualify for funding of more than K100 million of the 200 companies eligible to receive a government COVID-19 soft loan, these included firms in manufacturing, trading and industry. Out of the 70 tourism and hotel-related companies that qualified for financing, just one, Inle Princess, was eligible for a loan of K100 million and above. The remaining businesses were able to access smaller loans. Over 1600 businesses applied for loans under a K100 billion, 1 percent interest government emergency fund set up to help businesses in tourism and manufacturing as well SMEs, including 400 from Mandalay. [Detail here](#)

The government has approved COVID-19 loans for 88 businesses at an interest rate of 1 percent, according to the Union of Myanmar Chamber of Commerce and Industry (UMFCCI). COVID 19 loan approved Business Name [Here](#)