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Country Report (Myanmar) | COVID -19

**Sep 23<sup>rd</sup>, 2020 – Update 8**

***The British Chamber of Commerce Myanmar will consolidate the various regulations into one document. We can't 100% confirm that all the reports are true and are intended as a guideline only. We will provide updates as and when new information emerges.***

### **COVID-19 Confirmed Cases**

BCCM Members can check the Dashboard of Ministry of Health and Sports and the Situation Update Daily Report. [See here](#)

### **Emergency Call Center**

- 067 3420268 – Public Health Emergency Center, Nay Pyi Taw
- 09 449001261, 09 794510057 – COVID 19 Call Center for Yangon Region
- 09 2000344, 09 43099526 – COVID 19 Call Center for Mandalay Region

### **Government Policy Update For COVID- 19 Precautions**

The Ministry of Health and Sport released the Announcement on Extension of the Precautionary Restriction Measures Related to Control of COVID-19 Pandemic until 30<sup>th</sup> September 2020.

- According to the notice from the Department of Civil Aviation issued on 28<sup>th</sup> August 2020, the International Airport has been further extended up to until 30<sup>th</sup> September 2020.



- Announcement on Temporary suspension of all types of visas for foreign nationals from all countries visiting Myanmar: [Official Link](#)

### **Aviation Sector**

- The aviation department said it is carrying out relief flights in the next month for Myanmar citizens stranded in Japan, South Korea, Singapore, Bangkok, and India. The airlines available for the mercy mission are All Nippon Airways, Myanmar National Airlines (MNA), and Myanmar Airways International (MAI).
- According to the Ministry of Transport and Communication, the Domestic Flights are suspended the operations for 2 weeks starting from 11<sup>th</sup> September 2020.

### **Home Stay Township**

The Ministry of Health and Sports ordered on 20<sup>th</sup> September 2020 that anyone in all townships (except Cocokyun Township) in Yangon Region must be followed stayed at home orders starting from 8 AM on 21<sup>st</sup> September 2020.

### **Community Fever Clinics**

<b>Township</b>	<b>Doctor</b>	<b>Phone</b>
Tarmwe	Dr. Kyaw Min Tun	95127449
Mingalar Taung Nyut	Dr. Ko Ko Htwe	9253999600
Botahtaung	Dr. Nay Min Htet	95044868
Hlaing Tharyar	Dr. Naing Min Htut	9963525140

Insein	Dr. Thaung Lin	9260206401
East Dagon	Dr. Ye Nyi Nyi Htut	9972555220
Shwe Pyi Thar	Dr. Thit Lwin	9450013533
South Dagon	Dr. Zin Lin Ko	95086538
South Okkar	Dr. Nyan Lin Min Htut	95198814
Kyee Myin Daing	Dr. Aung Mon Kyaw	9421137517
Mhaw Bi	Dr. Kyaw Lin Tun	9972021450
Dagon	Dr. Ye Maung	9261957090
Yankin	Dr. Ei Ei Khaing	9978807029
Tharkayta	Dr. Moe Lwin	09425306298)
North Okkalar	Dr. Soe Win	9664824714
Mayangone	Dr. Ye Lin Soe	9773030870

### Quarantine

The central committee has decided that anyone travelling to Myanmar from foreign countries or anyone from stay home townships, who need to travel within local, will need

- To show a certificate stating they are free from COVID-19,
- Completed 7 days home quarantine in their country before flying,
- **7 days facility or hotel quarantine** when they arrive in Myanmar, [See here](#)
- **7 days home quarantine** in Myanmar Home after finishing facility quarantine period,
- Swab test within 5 days after first day of Quarantine.

MOHS has issued the Guidelines for Quarantine

- Guidelines on Home Quarantine [See here](#)
- Guidelines on Community based facility Quarantine [See here](#)
- Guidelines on Hotel Quarantine [See here](#)
- Guidelines for Community Quarantine [See here](#)

In accordance with the directive of the Ministry of Health and Sports dated 20<sup>th</sup> September 2020, the quarantined period for facility and hotel quarantine is 7 days with 7 days under home quarantine, in total 14 days. [See here](#)

In quarantine period, Covid-19 Negative persons who have hypertension, diabetes, lung diseases, heart related diseases, kidney problems and chronic diseases might need additional 7 days facility quarantine. [See here](#)

In hospital, two criteria of staying in hospitals are considered for Covid-19 Positive patients: symptomatic and asymptomatic patients. For the symptomatic patients, patients with mild or moderate illness should stay at least 11 days and the patients with critical illness are recommended to stay at least 21 days. The asymptomatic patients should stay 11 days after positive test. [See here](#)

List Allowed by Central Committee for Hotel Quarantine In Myanmar, Estimated Cost - 20,000 MMK per night including meal or 10,000 MMK per night excluding meals.

1. [Myanmar Life Hotel](#)
2. [Gandamar Hotel](#)
3. [7 Mile Hotel](#)

4. [Shwe Pyi San Hotel](#)
5. [KC Hotel](#)
6. [City Golf Resort Hotel](#)
7. [Holly Hotel](#)
8. [City Hotel](#)
9. [Summer Palace Hotel](#)
10. [Yangon Airport Hotel](#)
11. [Sidney Hotel](#)
12. [Myanmar Life Hotel](#)
13. [Shwe Pyi San Nyar Hotel](#)
14. [Panorama Hotel](#)
15. [My Hotel](#)
16. [Sky View Hotel](#)
17. [Novotel Yangon](#)
18. [Grand Garden Hotel](#)
19. [Royal Landmark Hotel](#)
20. [Shin Ye Htut Hotel](#)
21. [Spring Line Hotel](#)
22. [Supreme Hotel](#)
23. [Beauty Land Hotel](#)
24. [The Hub Hotel](#)

Can contact the hotel for booking and more information and they can provide guidelines for hotel quarantine.

### **Guidelines for Prevention and Control of Coronavirus Disease 2019 (COVID-19)**

- For factories, workplaces and construction sites [See here](#)
- For Shopping Centres, Supermarkets and Home Delivery Services [See here](#)
- For Hotel and Motel, Guidelines to Follow [See here](#)
- For Workers' Compensation and Farmers' Break off and Dinning, Guidelines to Follow [See here](#)
- For Restaurants [See here](#)
- For Offices and Companies [See here](#)

### **Additional Updates of Ministry of Health and Sport**

Ministry of Health and Sport announced that they cannot contact 1577 of the people who are coming back to Yangon from Sittwe.

Anyone who is coming back from Sittwe within last 14 days will make community quarantine.

### **Re - Closing Business**

As these businesses will have to continue operating, they need to ensure that they have complied with the health ministry's guidelines for prevention of COVID-19 including having their premises inspected by the relevant authorities, the announcement said.

The Bars, the Clubs and the KTVs are closing in order to protect the gathering.



The restaurants which are in stay home townships can only serve for takeaway.

The factories and the construction sites suspend the operations starting from 11<sup>th</sup> September 2020 to 30<sup>th</sup> September 2020.

The private businesses are under the rules of work from home except banks and financial services, petroleum stations, food and cold storage businesses, pharmaceutical and medical equipment manufacturing and sales business, drinking water manufacturing and sales businesses, and factories manufacturing items for daily use.

The organizations and companies are also need to work from home.

The workers in Cut-Mate-Pack factories and workplaces are prohibited to go to work from 24<sup>th</sup> September 2020 to 7<sup>th</sup> October 2020. [See here](#)

### **Education: Schools and Universities Reopening in Myanmar**

The reopening of private schools or international schools will be decided by township committees in charge of COVID- 19. Therefore, most of the private schools reopened with MOHS guidelines.

The Government reopened high schools for 21<sup>st</sup> July 2020 and planned by following middle schools and primary schools.

Starting from 28<sup>th</sup> August 2020, all of the private schools and government schools are re closed according to the MOHS announcement.

### **Tourism: Requirements to Travel around Myanmar**

- Guidelines for Cleaning and Disinfection of Aircraft: [PDF English Version](#)
- COVID-19 Tourism Relief Plan: [PDF English Version](#)
- Global Guidelines to Restart Tourism: [Detail Link](#)
- Guidelines for Hotels and Motels which are not involved as Quarantine Centre:  
<http://moht.gov.mm/su/pnom6421PN> | MM version
- Guidelines for Community Clinic: [PDF Link](#)

### **For Domestic Travel**

Anyone who goes to Nay Pyi Taw will follow the below:

- Will Have Ward Recommendation
- Will Have Health Recommendation
- Will Have community based quarantine for 14 days if travellers are from Stay Home Townships
- Will Make Swab Tests with own cost

\*\*Most of the Highway Express is not operating to Sittwe Region and Nay Pyi Taw Region.

Ministry of Hospitality and Tourism officially permit to reopen hotels: [Reopen Hotels by States or Regions](#)





## **General Information about Travel around Myanmar**

Ministry of Hospitality and Tourism discusses finalizing COVID – 19 tourism strategic roadmap. The first step of the roadmap focuses on survival and immediate action with the self-finance and stimulus package, the second step focuses on reopening and relaxing of lockdown and quarantine to be implemented within three to six months and the third step focuses on re-launching and will be implemented within six months to a year and includes long-term plans for reinventing Myanmar tourism and relaxing of regulations. [Detail here](#)

Express buses operating from five terminals in Mandalay which follow the health ministry's guidelines have been allowed to operate bus lines to other regions and states starting 1<sup>st</sup> June, according to the Mandalay Region Bus Line Supervisory Committee (Highway). The buses won't get permission to resume operations if they don't prepare in accordance with health guidelines, said U Aung Kyaw Lin, chairperson of the committee. [Detail here](#)

The Ministry of Hotels and Tourism has been implementing development of sustainable tourism and supporting safe and secure destinations for convenience of travellers in Myanmar. [See here](#)

## **Economic Situations in Myanmar**

[Economic Relief Plan 27 April 2020](#)

[Tourism Relief Plan COVID - 19](#)

## **Loan Eligible Businesses, Announced 3<sup>rd</sup> May 2020**

The 20 qualify for funding of more than K100 million of the 200 companies eligible to receive a government COVID-19 soft loan, these included firms in manufacturing, trading and industry. Out of the 70 tourism and hotel-related companies that qualified for financing, just one, Inle Princess,



was eligible for a loan of K100 million and above. The remaining businesses were able to access smaller loans. Over 1600 businesses applied for loans under a K100 billion, 1 percent interest government emergency fund set up to help businesses in tourism and manufacturing as well SMEs, including 400 from Mandalay. [Detail here](#)

The government has approved COVID-19 loans for 88 businesses at an interest rate of 1 percent, according to the Union of Myanmar Chamber of Commerce and Industry (UMFCCI). COVID 19 loan approved Business Name [Here](#)