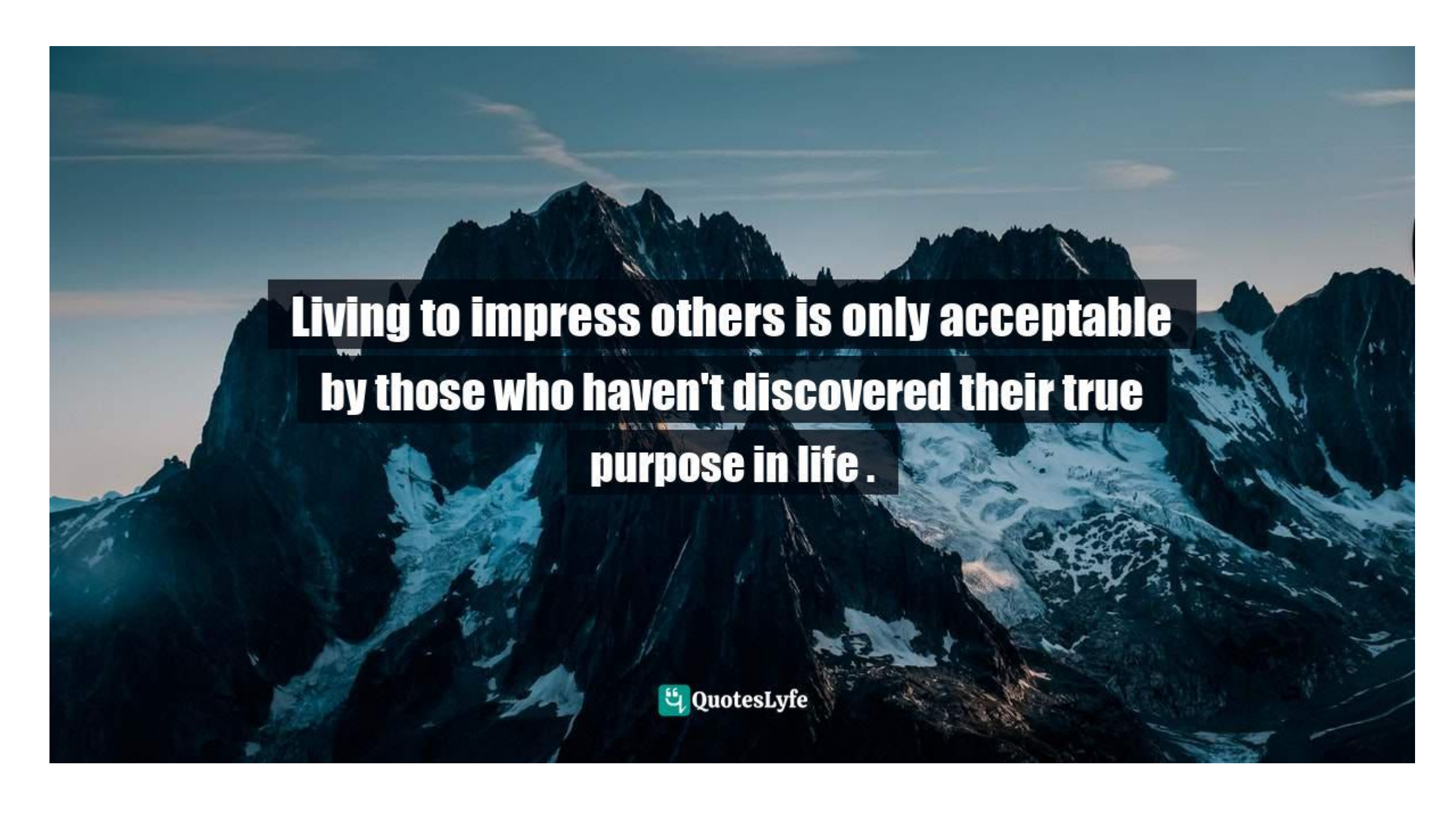




PURPOSE

Professional Women's Network
British Chamber of Commerce
Myanmar
7 October 2021



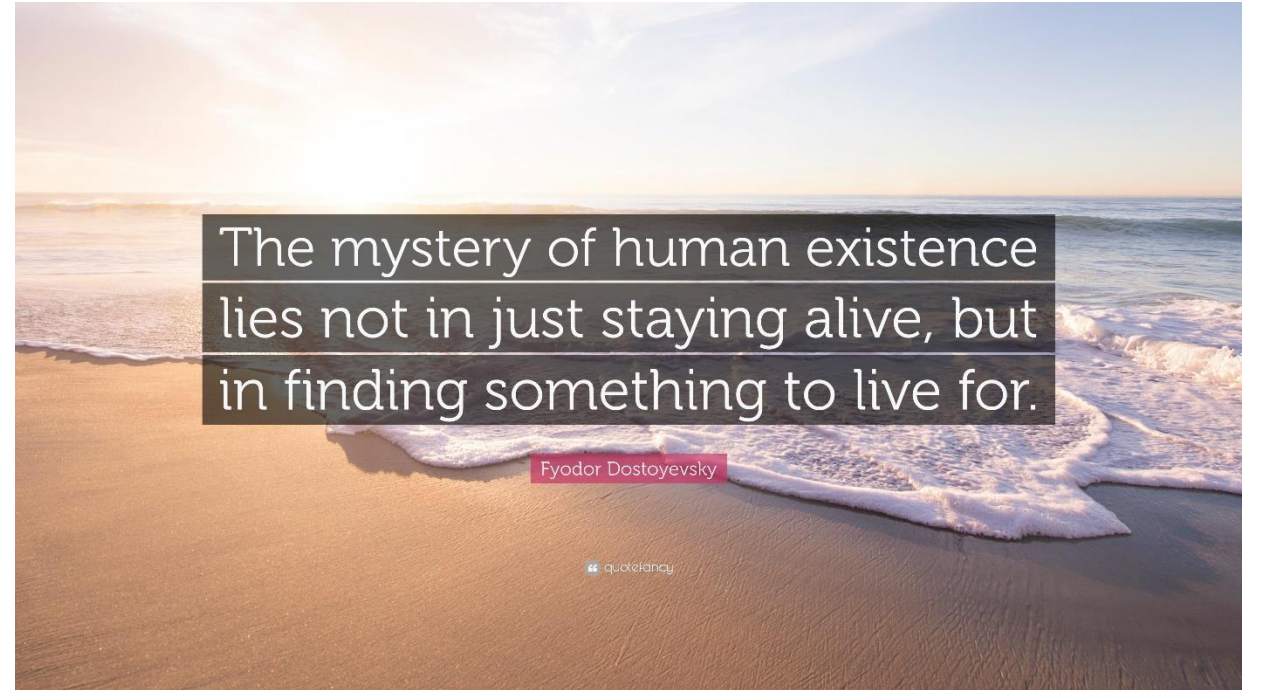
**Living to impress others is only acceptable
by those who haven't discovered their true
purpose in life .**

PURPOSE

What is purpose?

How do you find yours?

It's okay to change!



The mystery of human existence lies not in just staying alive, but in finding something to live for.

Fyodor Dostoyevsky

quote fancy

FINDING YOUR PURPOSE

It's an "inside job"

What sparks joy?

What makes you happy?

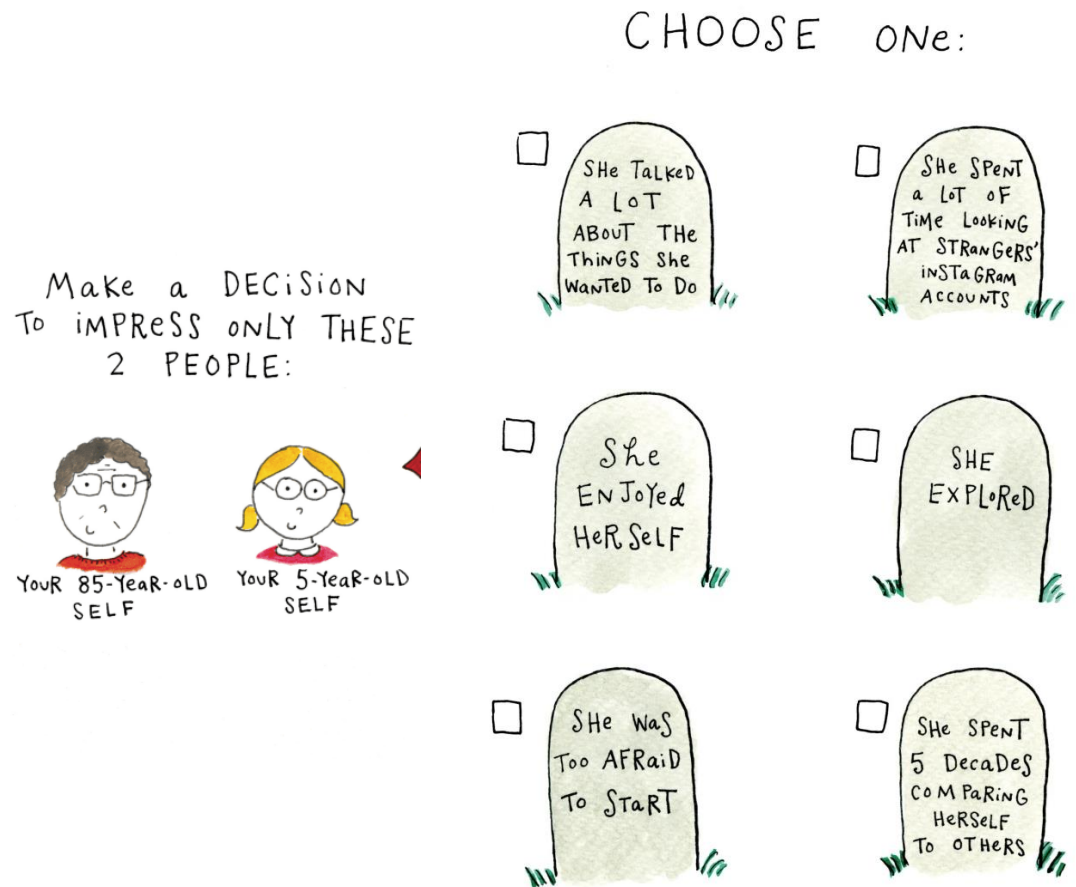
What are you passionate about?

What are your values?

Explore new activities

Explore new groups

Write your own obituary



LIVING WITH PURPOSE

Give back

Be intentional

Be Mindful

Bring your whole self

Be grateful, including for you being you

Find your tribe

If you hang out
with chickens,
you're going to
cluck and if you
hang out with
eagles, you're
going to fly.

-Dr. Steve Maraboli

pinterest.com/stevemaraboli

FLEXIBLE MINDSET

You can have more than one purpose in life

Life is not fixed and neither are you

Your purpose can change

Be kind to yourself

Open your heart

