



TRAVELLING IN MYANMAR: SECURELY & WITH A POSITIVE IMPACT

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23 November 2022

AGENDA

1. Security
2. Yangon & around
3. Southern Shan State
4. The Golden Triangle
5. Further up, further in ...
6. Positive impact

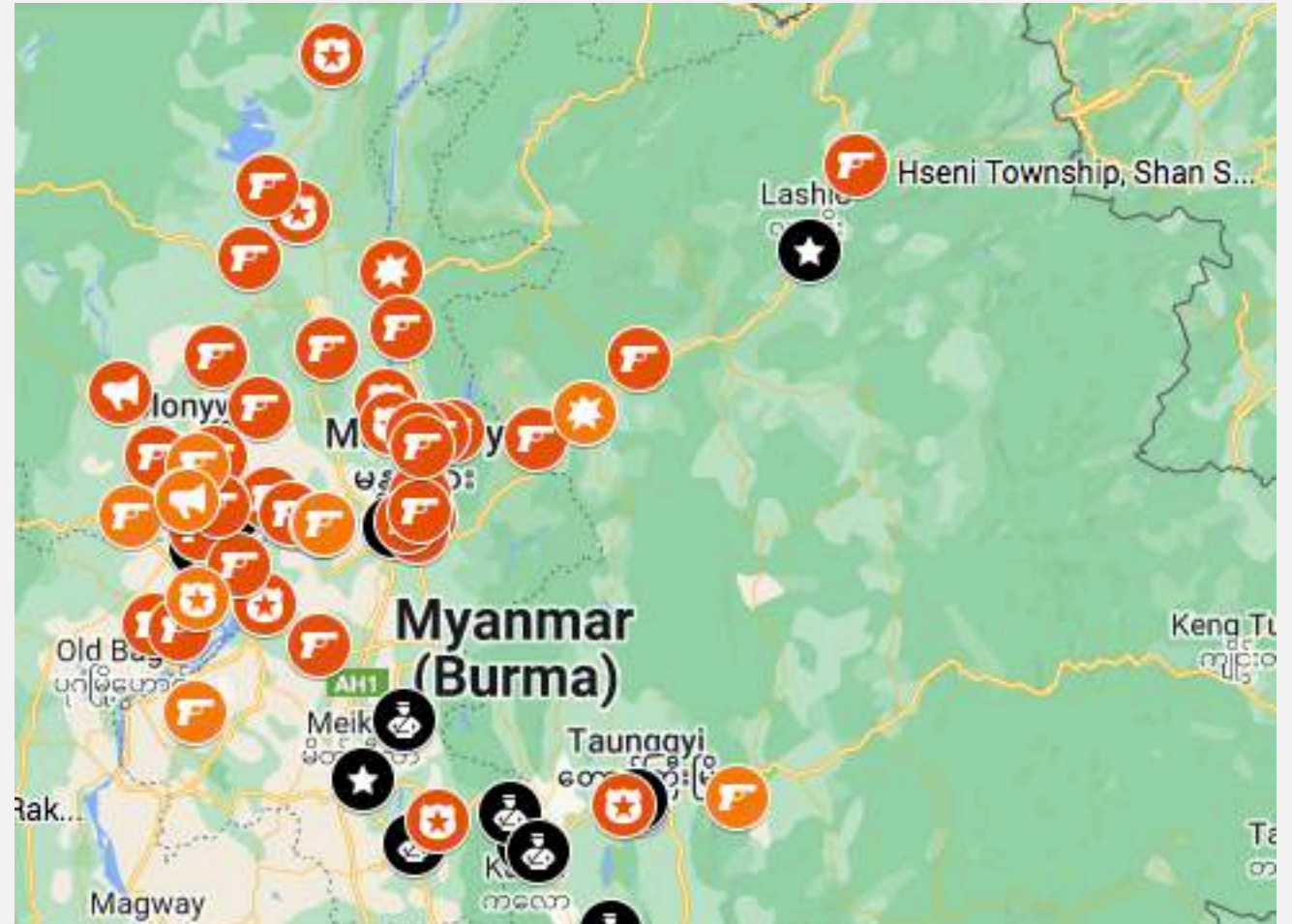




Foreign, Commonwealth
& Development Office



1. SECURITY



**READ THE TRAVEL ADVICE FROM
INTERNATIONAL GOVERNMENTS. SIGN UP FOR
ALERTS. FOLLOW LOCAL NEWS.**

TRAVEL WITH A TOUR OPERATOR.

HAVE THE RIGHT DOCUMENTS. AND PLENTY OF
COPIES.

BE DISCREET WHEN DISCUSSING POLITICS.
AVOID PUBLIC DEMONSTRATIONS.

REMOVE BANNED APPS AND SENSITIVE
PHOTOS.

NO PHOTOS OR VIDEOS OF SECURITY FORCES
OR GOVERNMENT OFFICIALS. NO DRONES.

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OR GOVERNMENT OFFICIALS. NO DRONES.

STAY OVERNIGHT ONLY IN LICENSED HOTELS
AND GUESTHOUSES.

**LISTEN TO YOUR GUIDE; LISTEN TO YOUR
HOTEL.**

DON'T TRAVEL INTO RESTRICTED AREAS.
RESPECT CURFEW.

WHEN POSSIBLE, TRAVEL IN THE MORNING.

WHEN INTERACTING WITH SECURITY FORCES,
SMILE AND BE BUSINESS-LIKE.

BE PREPARED TO BE ASKED FOR TEA MONEY.

2. YANGON & AROUND

Why stay?

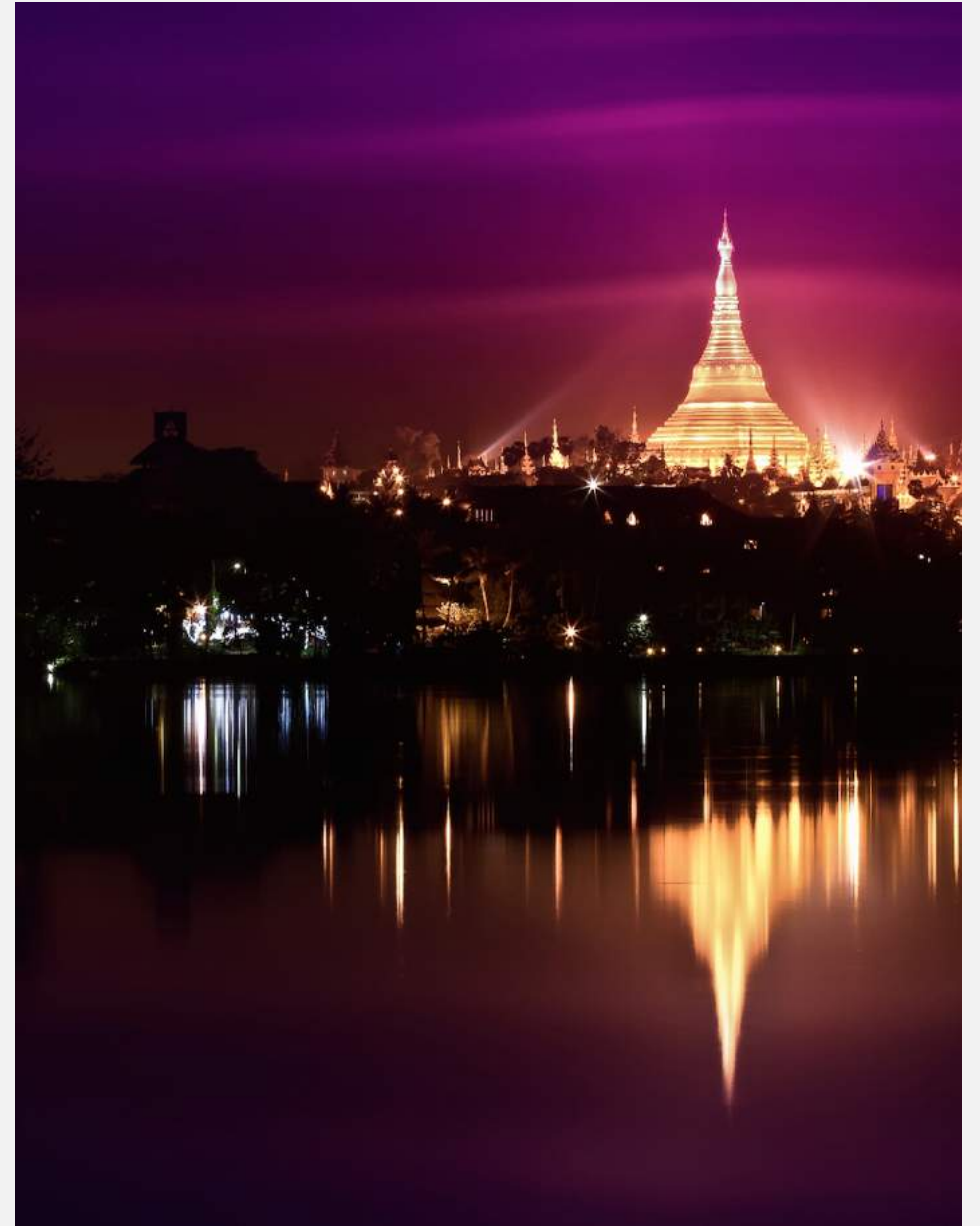
Walking tours, cycling, good eating

What impact?

Support local farmers and street vendors

We recommend ...

... rivers and islands exploration with *Uncharted Horizons*



FOOD TOURS & COOKERY CLASSES



CYCLING & WALKING



CRAFTS



WHERE TO STAY



3. SOUTHERN SHAN STATE

Why go?

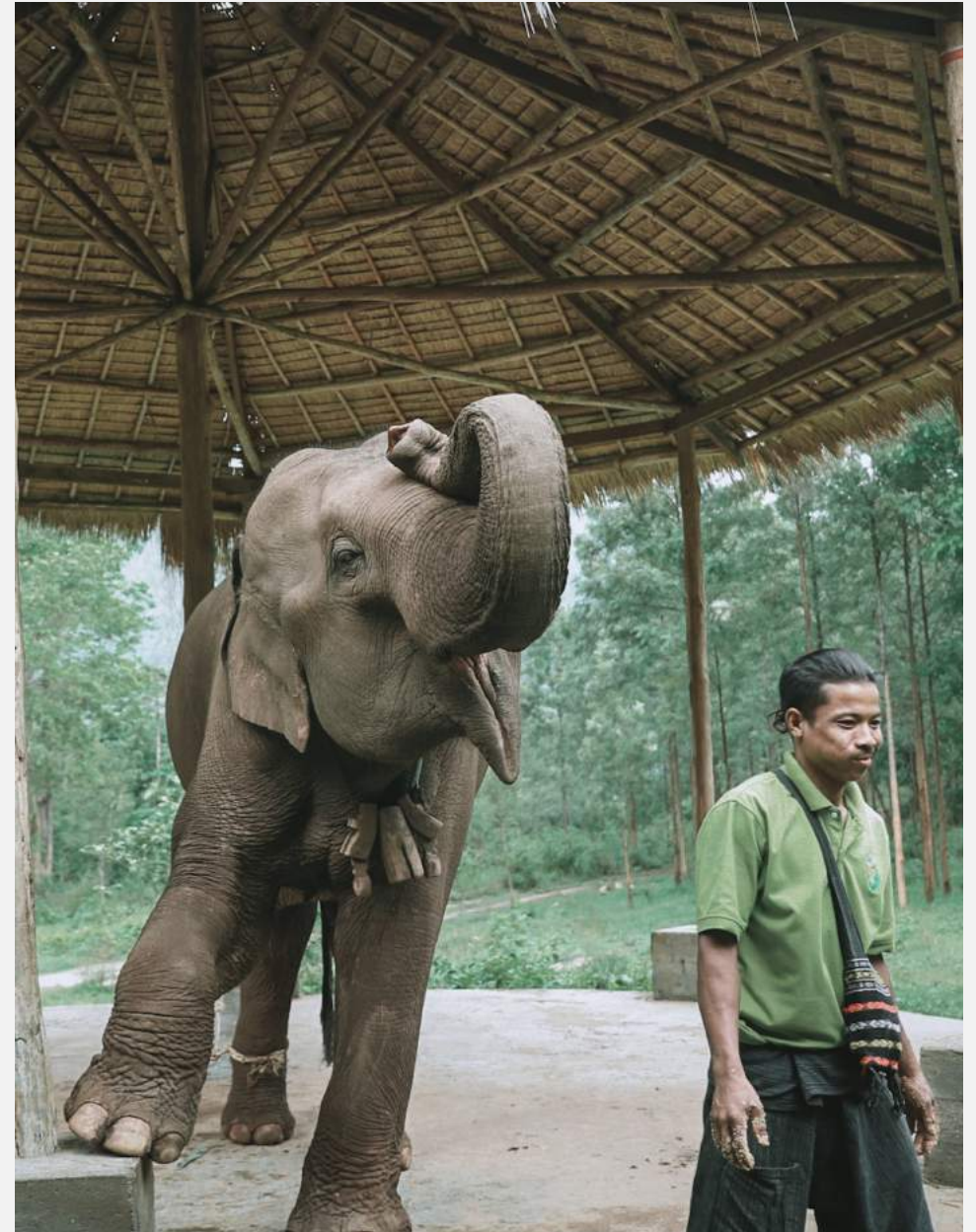
Trekking, cycling, local food

What impact?

Elephants, bees, small hoteliers

We recommend ...

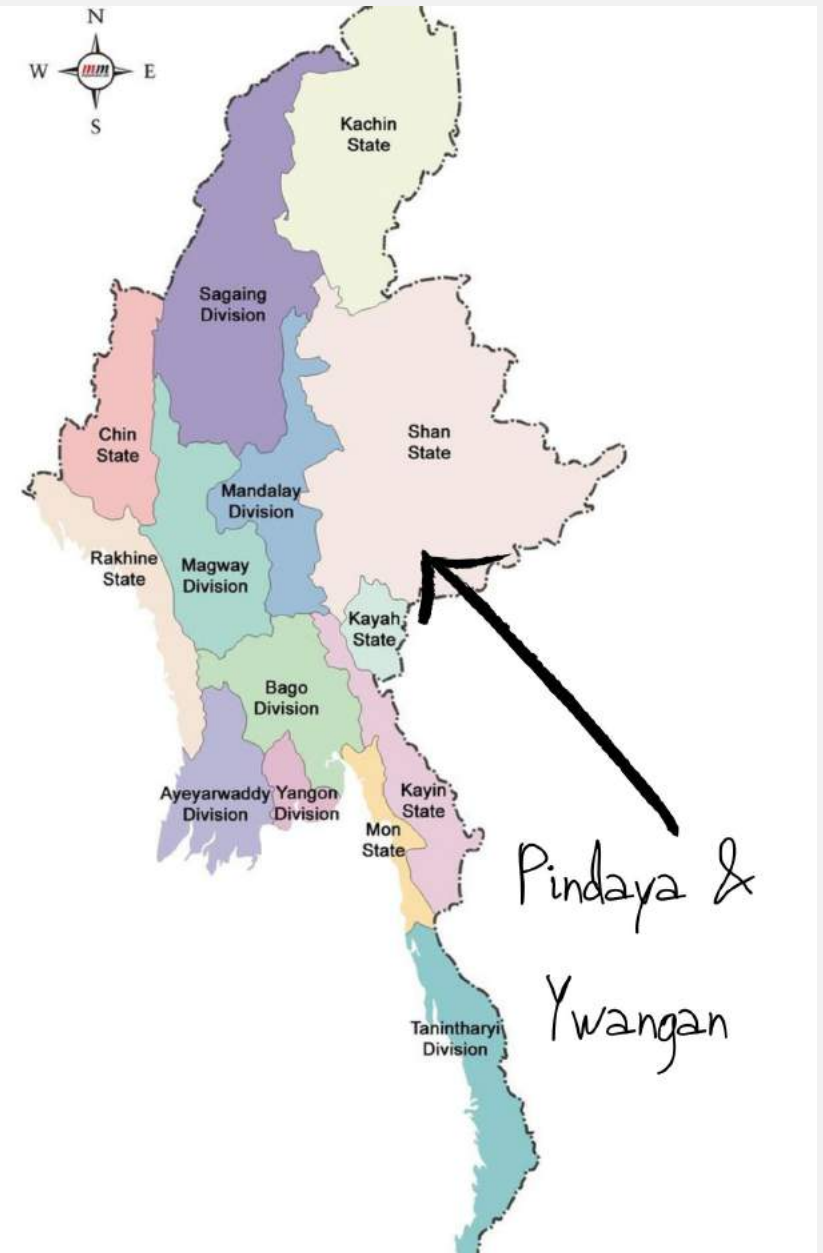
... the noodles at Kanbawza stall in the central market



HOW TO GET THERE

Air KBZ operates daily; MNA operates on Wednesday, Friday and Sunday.

Why not drive!?! **Driving hours – estimated 9 hours.** We recommend taking the old highway and staying overnight at Taungoo. (Pick up some “anzatone” snacks at Yamethin.)



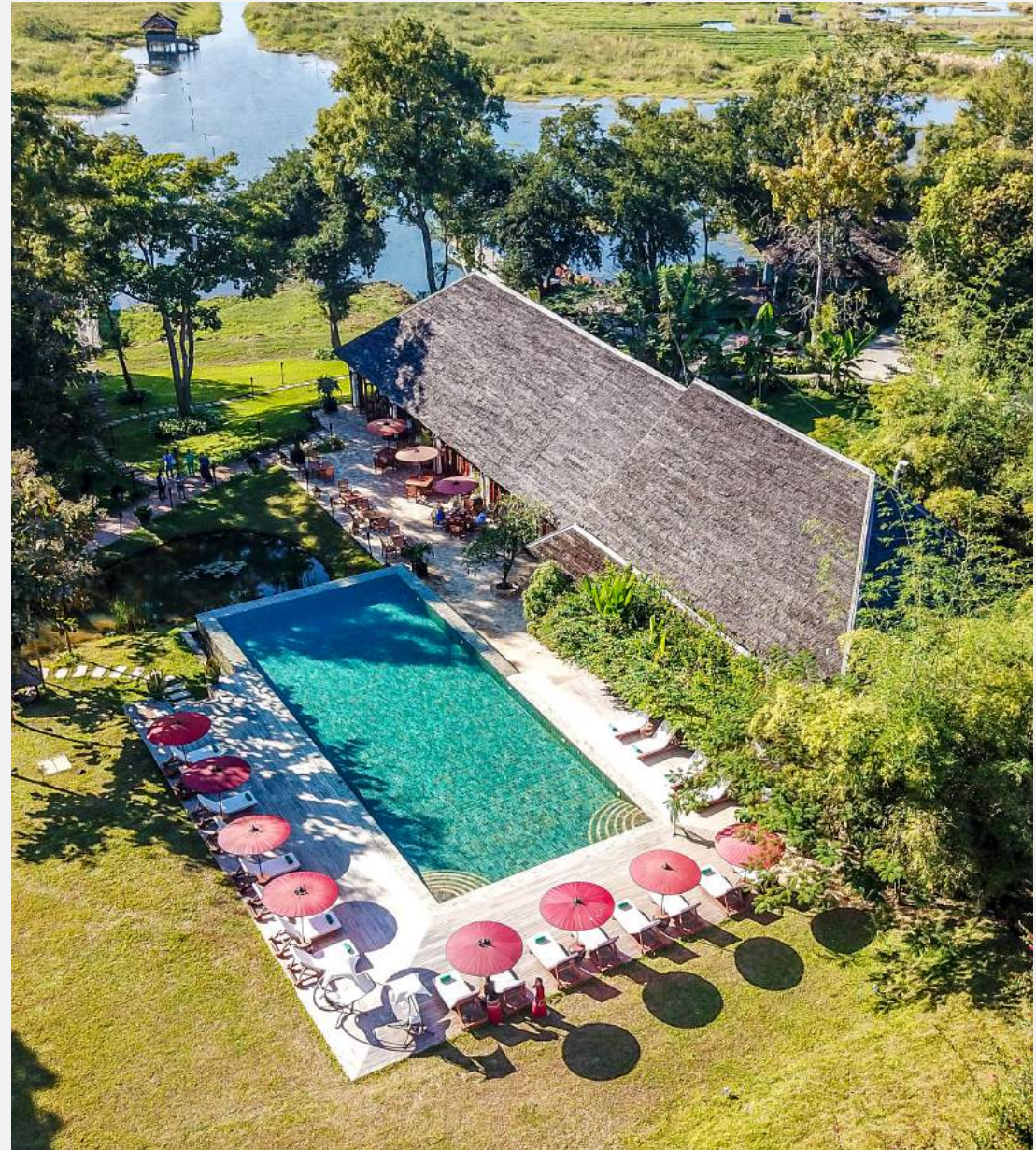
WHAT TO DO



PA'O VILLAGES



WHERE TO STAY



4. THE GOLDEN TRIANGLE

Why go?

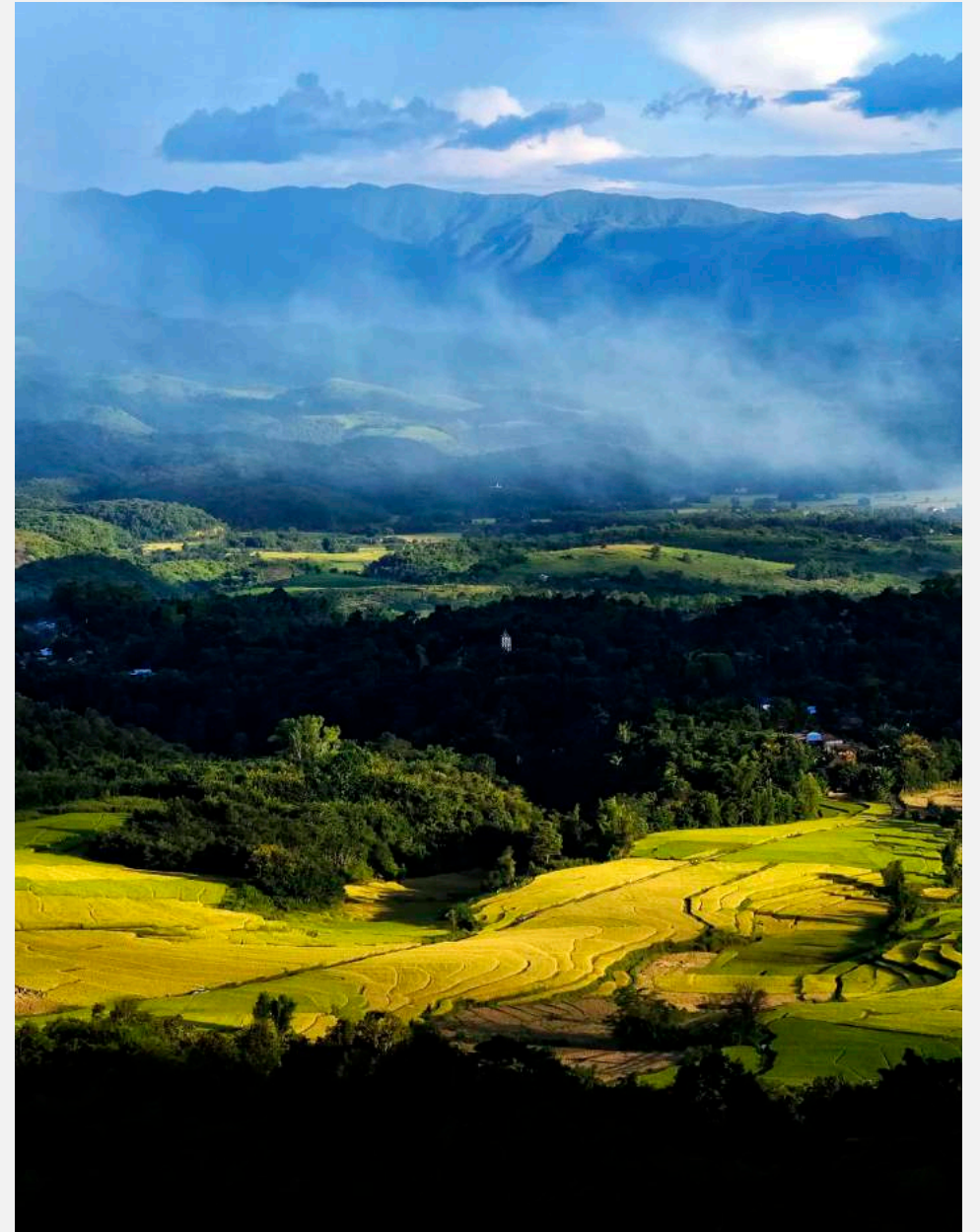
Meet the Eng & the Akha; best food market in Myanmar?

What impact?

Speak to your guide about what best to offer the villages

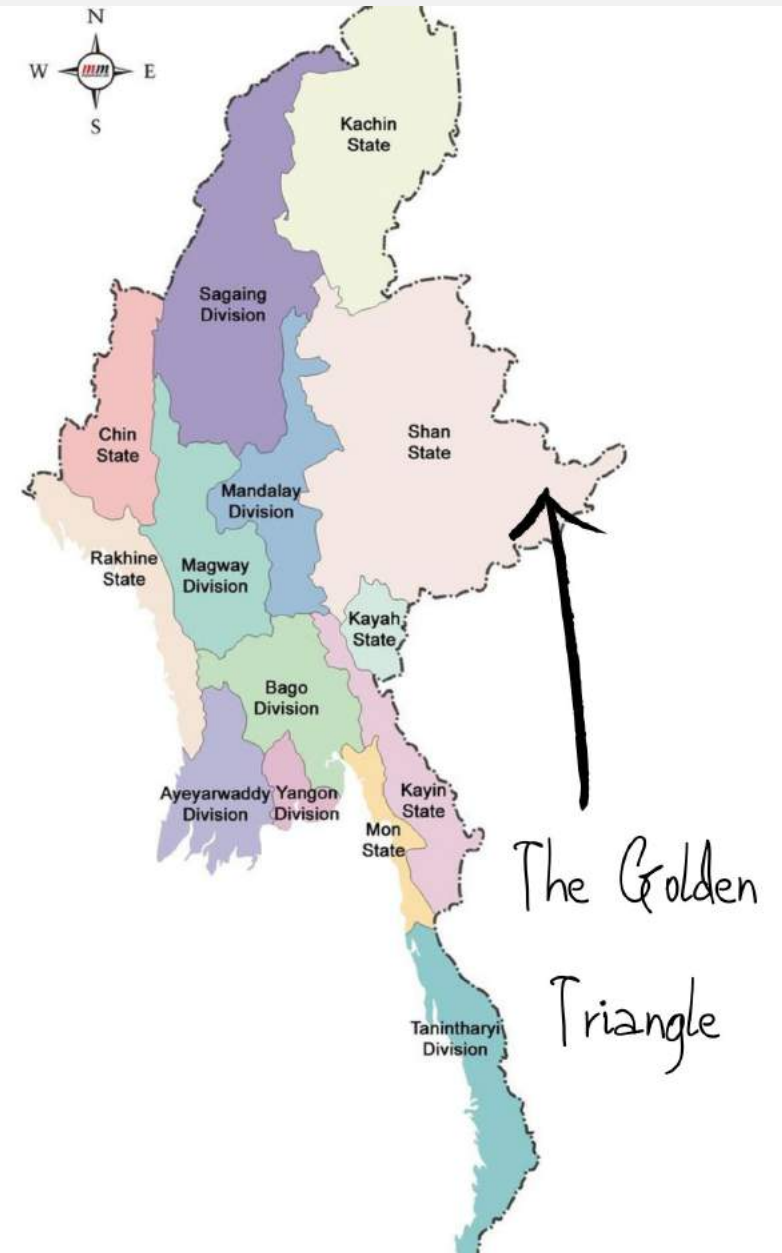
We recommend ...

... buying some 'akyaw' and watching the local football each evening at 17:00



HOW TO GET THERE

RGN-KET Flight – Air KBZ fly on Monday, Wednesday and Thursday. MNA operates Tuesday, Thursday and Saturday.



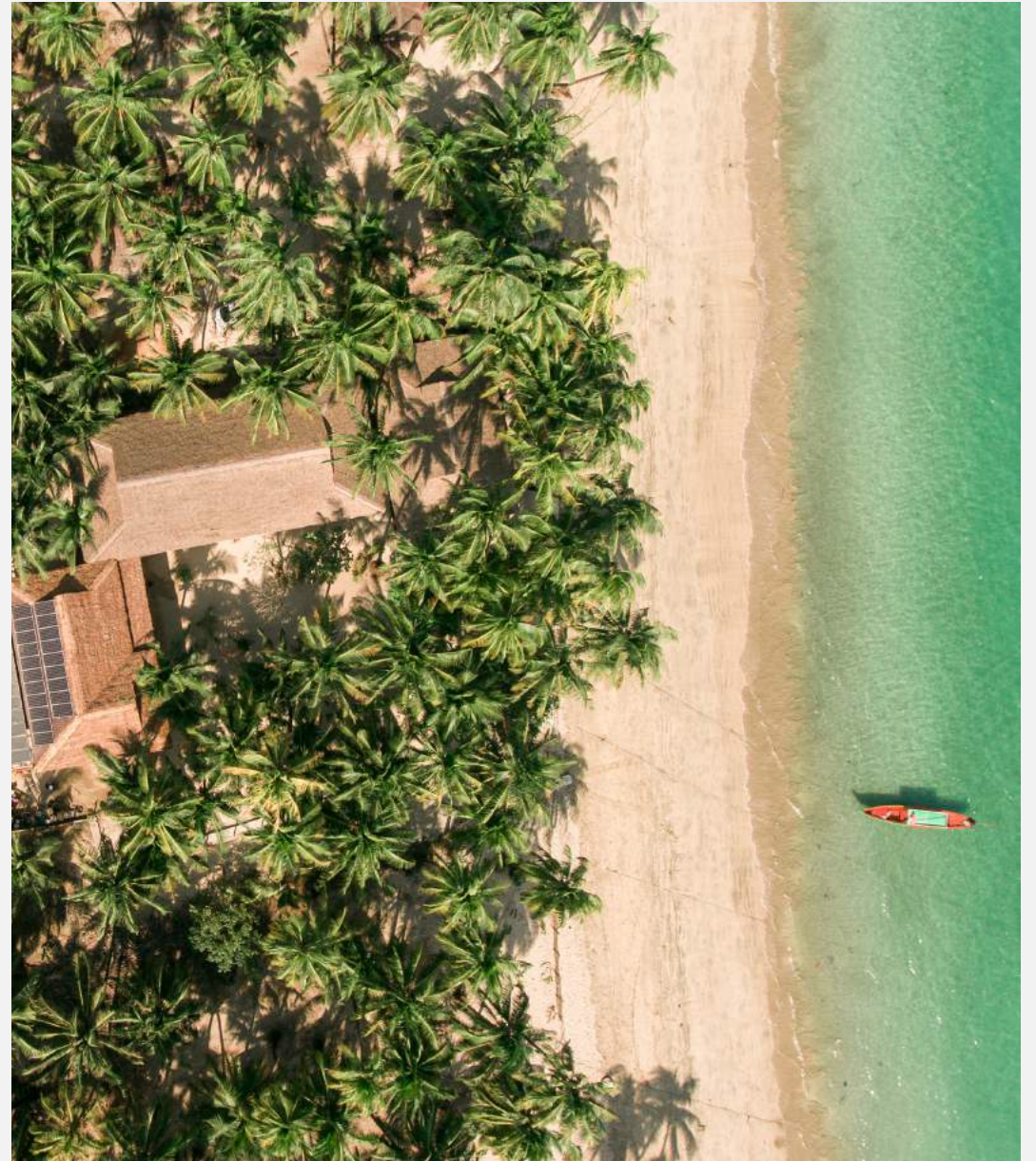
WHAT TO DO



WHAT TO DO



6. FURTHER UP, FURTHER IN ...





7. POSITIVE IMPACT

Money & message

What are tour operators doing?

What can travellers do?

MONEY & MESSAGE

Is where you go on holiday a moral decision?

BY TEACIRCLEOXFORD | OCTOBER 7, 2019

Bertie Alexander Lawson explores the moral questions surrounding travel to Myanmar.

The expulsion of nearly 800,000 Rohingya from Rakhine State, the reports of crimes against humanity, and the suppression of journalistic freedom have once more brought the morality of travelling to Myanmar as a tourist into question.

Prospective visitors are opting for neighboring countries; those that do visit are having to defend their decision; and travel agents arranging trips through the country are forced to explain why holidaying in Myanmar can be responsible and ethical.

Tourists urged to avoid Myanmar as junta prepares to reopen to world

Travel agents and aid workers raise issues of safety and note that tourism dollars will only benefit the ruling military



 You and this Tweeter share some mutual follows

Myanmar Strategy @MyanmarStrat · Jun 3

Replying to @bertie_alexandr

A local saying: "One doesn't celebrate while the household is going through a funeral service of a family member." Our suggestion is to kindly postpone ur visit until the democratically elected government is back in power and the country is back towards peace & prosperity. Thanks

WHAT ARE TOUR OPERATORS DOING?



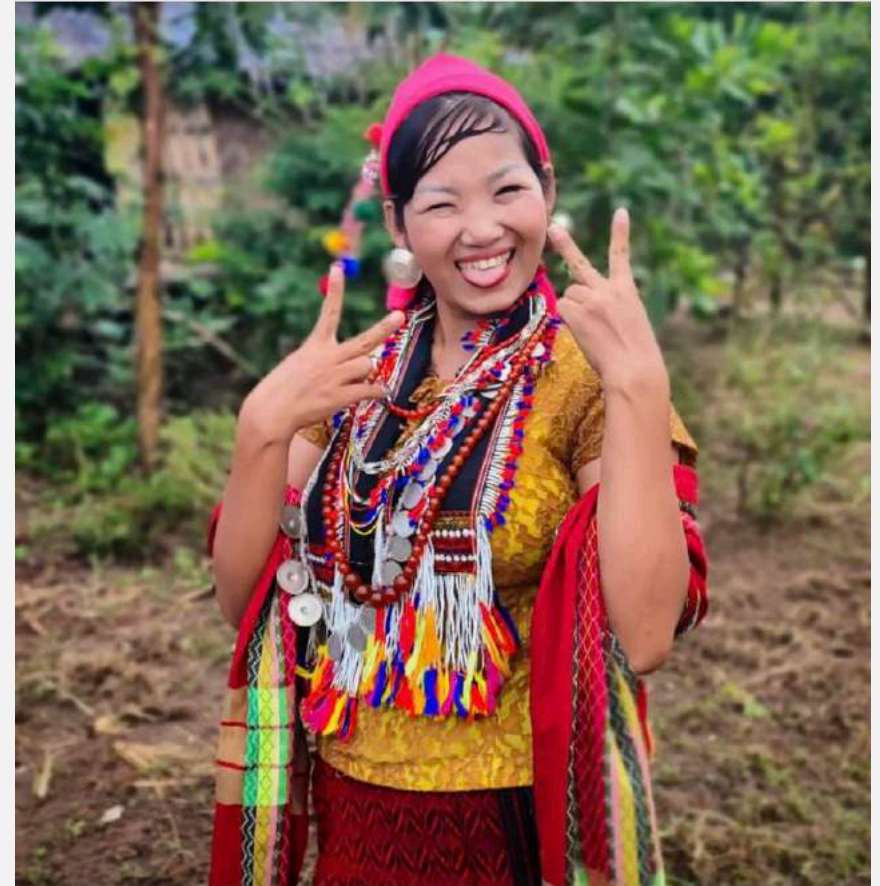
SAMPAN'S PARTNERS POLICY

SAM.SPP.POL. (DIR)



unchartedhorizonsmyanmar

Yangon



Liked by [dustinmain](#) and 23 others

[unchartedhorizonsmyanmar](#) Cheeky young lady of the Khumi Chin tribe in traditional attire at today's school opening, which was co-funded by Uncharted Horizons Myanmar, in an IDP camp north of Yangon

WHAT CAN TRAVELLERS DO?



www.sampanttravel.com





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